



Looking for support and guidance on your Aged Care journey?

Whether you are planning ahead,
looking for information on options
available, or need support now,
Age Care Directions can help.

Your trusted partner on the aged care journey

Quality solutions to match your needs, and resources

Who are we?

Age Care Directions specialises in Aged Care Planning, Advisory and Placement Services.

Since 2005, Age Care Directions has been driven by our passion for helping older people and their families find the best possible care and accommodation options.

Age Care Directions has proven experience in:

- Finding your new home in Residential Care, both permanent and respite
- Connecting people to a Home Care Package provider
- Providing information on aged care and accommodation options
- Assisting with future planning
- Providing direction on Retirement Accommodation
- Supporting families through the emotional period when loved one's transition into Residential Care

Why choose us?

A Registered Nurse and a Financial Consultant will be working with you every step of the way to achieve the outcome you desire.

We will thoroughly explain the different care and accommodation options available to you, how to access them and their costs, and support you through the process of identifying and accessing these options.

We provide an empathetic, compassionate approach throughout your journey. Our aim is to provide peace of mind, personalised guidance and the best possible outcome for you and your family members. We can work alongside your health professionals and financial advisors to develop a solution that works best for you, both now and into the future.

And we are impartial with our recommendations.

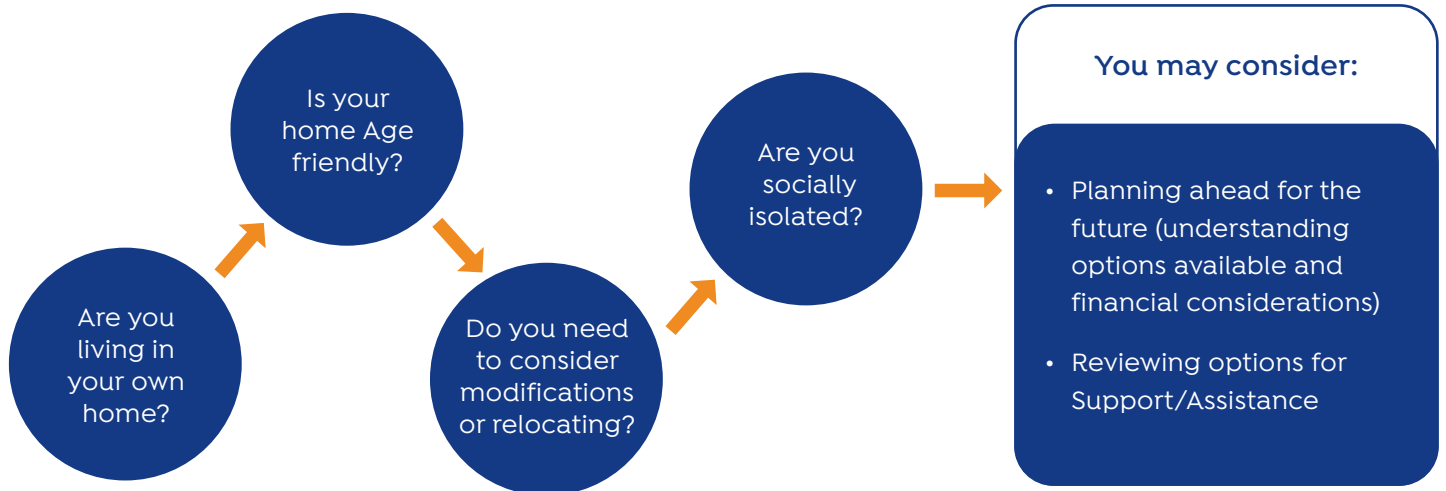
Our experienced team of health care and finance professionals can provide you with the guidance and support to live comfortably, securely and happily.



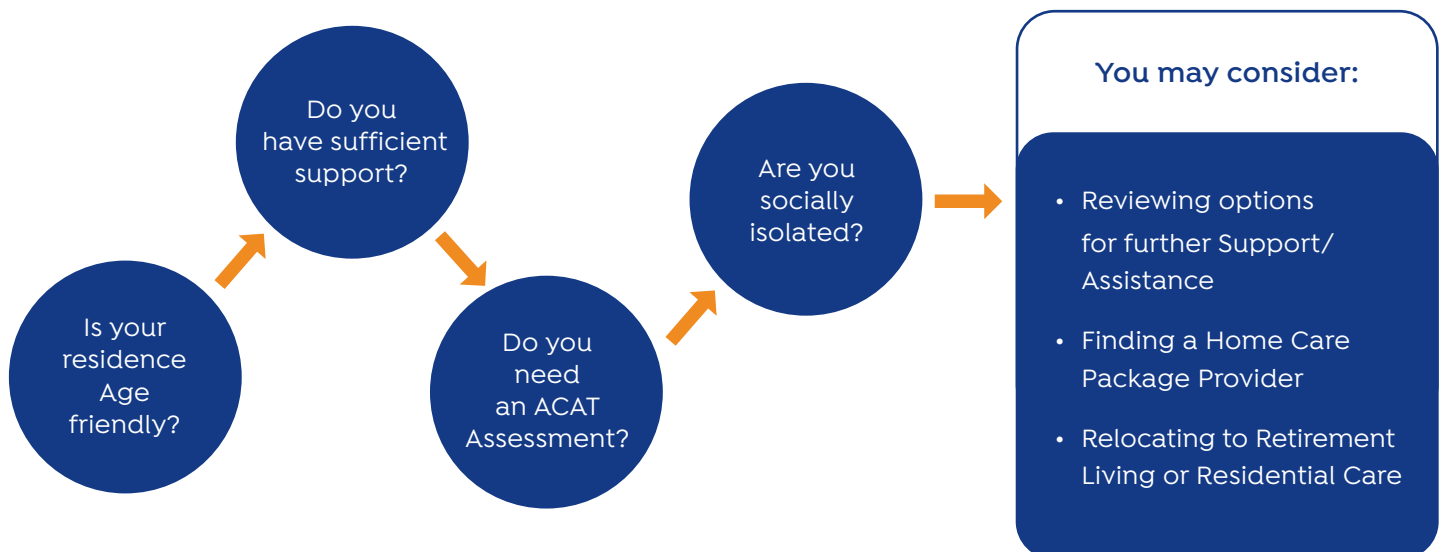
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Questions to help understand your Pathway

Are you still in relatively good health?



Is your health deteriorating?



Age Care Directions is here to help find the right path for you.



Our Services

Residential Care Placement

(Full Application Service)

Age Care Directions has proven knowledge and experience with helping older people and their families to find the best possible Residential Care placement.

Our Residential Care Placement service aims to assist people who are elderly and are no longer able to manage within their own home and require placement in Residential Care (Nursing Home).

**“Thank you for your excellent attention and service.
You understood, soothed and solved”**

Age Care Directions Client

How can we help?

We personalise a Full Application Service to your needs. We focus on sourcing facilities that are close to your preferred location and offer high quality care.

As part of this service, we provide the following:

- an initial phone consultation
- a meeting where we assess your health and care needs
- impartial Residential Care facility recommendations, near to your preferred location
- a clear outline of the placement process
- an explanation of facility fees and charges, payment options and a cost estimate
- assistance with completing the required Centrelink assessment documents
- lodging applications
- facility contact details and tour times
- notifying you of placement offers and
- arranging for you to view the facility

We facilitate the process, but it's always your decision whether to accept the offer of placement. And if you are a couple and both are seeking placement, we can help you secure a placement in the same facility.

We are also able to help if the Residential Care placement is urgent, for example, if you are ready to be discharged from hospital but unable to return home.

Our Services

Home Care Package Search

Most people want to continue living independently in their own home for as long as possible, and in-home care can often help people achieve this.

Our Home Care Package Search assists people who need to find a Home Care Package Service Provider, or Commonwealth home support program that assists them to live independently. Confirmation in writing that confirms the level of support package is required in order to proceed.

How can we help?

We provide advice tailored to your circumstances, and then simplify the process by connecting you to a quality provider who can assist, with a focus on you being able to remain living in your home.

This service includes:

- an initial phone consultation
- a meeting where we assess your health and care needs
- outlining the fees you will pay for these services
- sourcing quality providers who have the capacity to provide the services you require

- a written report summarising the fees each provider charges, so you have a like-for-like comparison between providers.

Accessing these services can be confusing and complex. We use our experience and knowledge to help you navigate through the aged care maze. We'll identify which services you need most, then help you connect to the most suitable service provider.

"They helped narrow our options by asking informed questions, helping us understand implications of various decisions"

Age Care Directions Client



Our Services

Pathway Information Service

Planning ahead to age comfortably at home is just as important as planning ahead financially for how you would like to live. Age Care Directions has developed a solution that helps you be more in control of your retirement and ageing.

Our Pathways Information Service assists people who are:

- elderly and wish to explore their aged care and accommodation options, but don't know where to start
- retired or approaching retirement, and wish to be informed so they can plan ahead
- concerned about the health of a family member and would like to know what the most appropriate options are



How can we help?

This Service is personalised to your needs, and includes:

- a meeting where we provide you with information on all care and accommodation options, taking into account your health, care needs, and financial position
- an overview of In-home Care services available, to enable you to maintain living in your own home as long as possible
- information on appropriate Retirement Accommodation options
- providing an understanding of Residential Care and the appropriate time to access it
- advising you how to access these options
- a written report summarising the information discussed at the meeting and suggested course of action

Our consultants work with you, and alongside your financial planner and/or health professional, to develop a personalized Pathways plan designed to help navigate the challenges that come with ageing. With a greater demand for care and accommodation, those who are armed with knowledge will be best placed to access those services. From a lifestyle perspective, you can plan ahead to ensure that the decisions you make lead to optimal outcomes.

Our Services

Retirement Accommodation Search

If you wish to downsize now or just want more information on what accommodation options are available Age Care Directions can assist.



Our Retirement Accommodation Search assists people who are needing to adapt their existing home or find more manageable, independent accommodation options as they age.

Our consultants can meet with you, discuss your situation, and provide tailored advice on the Retirement Accommodation choices that best suit your needs. There are numerous options available, including making a few alterations and remaining in your own home, relocating to a Lifestyle/Retirement Village or a Serviced Apartment, or if your health needs are changing, moving into Residential Care.

**“Your help was invaluable
and we will always
be grateful.”**

Age Care Directions Client

How can we help?

We offer our Retirement Accommodation Search where we shortlist suitable accommodation options tailored to your preferences, including cost and location.

This Service includes:

- an initial phone consultation
- a meeting where we inform you of the various Retirement Accommodation options available
- outlining the costs you will pay
- assessing your health to determine the suitability of the various Retirement Accommodation options for you
- discussing services and amenities you should consider
- researching and shortlisting suitable facilities, saving you the time and effort of doing so yourself

Moving home involves a major lifestyle change that's best dealt with by knowing all the options available and which one best suit you. Our objective is to ensure that, when considering your Retirement Accommodation options, your decision is based on what's most suitable, not only for your current, but also your longer-term needs, so this process needn't be repeated in the near future.

Age Care Directions

The logo graphic consists of two stylized, overlapping orange shapes that resemble a folded piece of paper or a stylized 'A' and 'D' combined.

Your trusted partner on the aged care journey

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